

## Important Dates & Information for Coaches

### Wednesday, July 14<sup>h</sup>

- 1) Send entries to [info@swimwithbrian.com](mailto:info@swimwithbrian.com) by Noon.
- 2) If you are sending them via fax please call Brian 815-509-7837, prior to faxing.

### Friday, July 16<sup>th</sup>

- 1) Check your team's entry list at [www.DCST.org](http://www.DCST.org) after 9:00 AM.
- 2) Notify Brian with corrections or scratches by 1pm. Call 815-509-7837

### Saturday, July 17<sup>th</sup>

Items due at th coaches meeting at 7:35 AM

- 1) Scratches
- 2) Relay swimmers names
- 3) Signed release form
- 4) Payment for all entries  
\$2.00 per individual swim and \$6.00 per relay

5) Timing Assignments: Please provide 3 timers and watches for the Day.

Lane	Team
1	Antioch
2	Elgin Y
3	Trails
4	McHenry II
5	Huntley
6	Crystal Lake
BullPen	Mac

**North Central Illinois Swim Conference**  
**2010 “B” Championship Meet**  
Hosted by McGuire Aquatic Club- MAC

**MEET DIRECTOR and ENTRY CHAIRPERSON**

Brian McGuire  
407 Central  
Rockton IL 61072  
Fax -815-624-7901  
Cell- 815-509-7837

**Location**      Boylan Catholic High School , 4000 St Francis Dr Rockford IL 61103

**Team Attending the “B” Conference Championship Meet:**

McGuire Aquatics, Trails, Antioch, Crystal Lake, Huntley, Elgin Y, McHenry II

**Format**          This meet will be pre-seeded. Please provide a list of scratches at the coaches meeting.

**Saturday, July 19<sup>th</sup>**

6:15 AM	Building Opens
6:30 - 8:30 AM	Warm-ups
7:35 AM	Coaches Meeting
7:50 AM	Officials Meeting
8:10 AM	Timers Meeting
8:35 AM	Last call for event # 1.
8:40 AM	National Anthem
8:45 AM	First Event

**Facility**          The Boylan High School Pool is a 6 lane, 25 yard competition pool with starting blocks in the deep end (10ft) The facility uses non-turbulent lane lines with a fully automatic Colorado timing system. The meet will be run using Hy-Tek’s Meet Manager.

**Warm-up & Timing Schedule**

	<b>Lanes 1-3</b>	<b>Lanes 4-6</b>
6:30-7:00	McGuire Aquatics	
7:00-7:30	McHenry II	Elgin Y
7:30-8:00	Crystal Lake	Trails
8:00-8:30	Huntley	Antioch

**Rules**              This meet will be conducted according to the NCAA Swimming Rules and the North Central Illinois Swimming Conference Rules

**Scoring** Individual events: 16 - 13 - 12 - 11 - 10 - 9 - 7 - 5 - 4 - 3 - 2 - 1  
Relay events: 32 - 26 - 24 - 22 - 20 - 18 - 14 - 10 - 8 - 6 - 4 - 2

**Awards** Individual awards will be given to the top eighteen finishers (1 – 6 with medals, 7 - 12 with overlay ribbons and 13 – 18 with ribbons) in each event. Relay awards will be given to the top six finishers (1 – 6 medals). Team trophies will be awarded for the top three places in combined team scoring. Team trophies will be awarded for the top finisher in each age group scoring. The 6 & Under 25 yard Freestyle, 6 & Under 25 yard Backstroke and Open 200 Free are scored in the over all team scoring, but they do not count towards the age group high point trophies.

**Meet Results** One copy of printed meet results will be sent to each team. Teams desiring a “disk” copy of the final results must provide a disk. Results will be copied on to disks at the conclusion of the team trophy presentations. Results will also be available on the web at [www.DCST.org](http://www.DCST.org) one-hour after the conclusion of the meet.

**First Aid** Emergency medical personnel will be available on deck during the meet.

**Emergency Phone** An emergency phone is located in the pool office.

**Entries** Individuals are limited to a maximum of 4 events with no more than 3 of these events being individual events and no more than 2 of these events being relay events. Entries must be submitted by a Hy-Tek created report via e-mail. The email address for sending entries is [Info@swimwithbrian.com](mailto:Info@swimwithbrian.com)

A signed Summary Fee / Release From provided in this packet and payment is due by the 7:35 AM coaching meeting. Checks are to be made payable to: McGuire Aquatics

A copy of the meet entries will be made available on the web at [www.DCST.org](http://www.DCST.org) by 9:00 AM on Friday, July 16<sup>th</sup>. It is each team’s responsibility to check the accuracy of its entries as so posted.

**Relay Forms** On the day of the meet, each team will be asked to submit the names of relay swimmers to the computer operator by the end of the coaches meeting. You may send them on the Team Manager file if you wish.

**Entry Deadline** Entries are due by Wednesday, July 14th

**Entry Fees** Individual events: \$1.00 per event  
Relay events: \$4.00 per relay

**Admissions** Adults – \$2.00 Children (12 years old and younger) - \$1.00  
\$6.00 Heat Sheets

**Meet Format** The meet will be seeded after the coaches meeting. All swimmers must promptly proceed through the bullpen when so advised by the announcer. Swimmers failing to report to the bullpen risk being scratched.

**Team Areas** Teams areas will be set up outside the pool in the grassy areas. In case of inclement weather, teams will be set up inside.

**Bull Pen** There will be a bullpen for the 12 and Unders.

**Concession** A concession area will be available throughout the meet.

**Souvenirs** A commemorative meet T-shirt will be on sale. Action Accents will also be available to sell swimmers' supplies, swim wear, and other novelty or souvenir items.

### **Rules of Conduct**

For the safety and enjoyment of swimmers and spectators, the following rules must be observed. Marshals will be clearly designated to assure that safety is maintained.

1. There will be no food, beverages, swim bags, coolers, blankets, or sleeping bags allowed in the pool area.
2. Flash photography will not be allowed in the pool area. Persons taking flash pictures will be warned only once. Subsequent violations will result in expulsion from the meet.
3. Use of tobacco products is not allowed in the Swim Complex.
4. No shaving will be allowed at the Swim Complex. **Shaving on the premises will result in automatic disqualification from the entire meet.**

**Parking** Parking is available in the Swim Complex parking lot, along the road and in the main school parking lot. Do not park in the parking lots of other business adjacent to the Swim Complex. Individuals parking in lots not designated for the swim meet will be towed.

**Team Banners** Please do not tape banners, posters or other items to the walls.

**Lockers** Lockers are available to store items. Swimmers should bring their own locks. Boylan Catholic and McGuire Aquatics are not responsible for any lost or stolen items.

### **Directions**

From I-90, Take Riverside Blvd. To North Main St. Turn Rt. On North Main and go to Campus Hills Drive Turn Left. The Pool Complex is on the Rt. If you need further directions, call Brian

**North Central Illinois Swim Conference  
Order of Events**

<u>Girls</u>	<u>Age</u>	<u>Event</u>	<u>Boys</u>
1	Open	200 yd. Freestyle	2
3	8 & Under	100 yd. Medley Relay	4
5	9 – 10	200 yd. Medley Relay	6
7	11 – 12	200 yd. Medley Relay	8
9	13 – 14	200 yd. Medley Relay	10
11	15 & Over	200 yd. Medley Relay	12
13	9 – 10	100 yd. Individual Medley	14
15	11 – 12	100 yd. Individual Medley	16
17	13 – 14	200 yd. Individual Medley	18
19	15 & Over	200 yd. Individual Medley	20
21	6 & Under	25 yd. Freestyle	22
23	8 & Under	25 yd. Freestyle	24
25	9 – 10	50 yd. Freestyle	26
27	11 – 12	50 yd. Freestyle	28
29	13 – 14	50 yd. Freestyle	30
31	15 & Over	50 yd. Freestyle	32
33	8 & Under	25 yd. Butterfly	34
35	9 – 10	50 yd. Butterfly	36
37	11 – 12	50 yd. Butterfly	38
39	13 – 14	100 yd. Butterfly	40
41	15 & Over	100 yd. Butterfly	42
43	8 & Under	50 yd. Freestyle	44
45	9 – 10	100 yd. Freestyle	46
47	11 – 12	100 yd. Freestyle	48
49	13 – 14	100 yd. Freestyle	50
51	15 & Over	100 yd. Freestyle	52
53	6 & Under	25 yd. Backstroke	54
55	8 & Under	25 yd. Backstroke	56
57	9 – 10	50 yd. Backstroke	58
59	11 – 12	50 yd. Backstroke	60
61	13 – 14	100 yd. Backstroke	62
63	15 & Over	100 yd. Backstroke	64
65	8 & Under	25 yd. Breaststroke	66
67	9 – 10	50 yd. Breaststroke	68
69	11 – 12	50 yd. Breaststroke	70
71	13 – 14	100 yd. Breaststroke	72
73	15 & Over	100 yd. Breaststroke	74
75	8 & Under	100 yd. Freestyle Relay	76
77	9 – 10	200 yd. Freestyle Relay	78
79	11 – 12	200 yd. Freestyle Relay	80
81	13 – 14	200 yd. Freestyle Relay	82
83	15 & Over	200 yd. Freestyle Relay	84

**McGuire Aquatic Club MAC**  
NCISC "B" Conference Championships Saturday, July 17<sup>th</sup>, 2010

This completed and signed release form must be received by the coaches' meeting at 7:35 AM.

Name of club: \_\_\_\_\_

Club Code: \_\_\_\_\_

Names of Coaches attending meet: \_\_\_\_\_

\_\_\_\_\_

Name of person submitting entry: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Telephone #: \_\_\_\_\_ - This is the number we will call if you have any questions about your entries.

E-mail: \_\_\_\_\_

In consideration of the acceptance of this entry, I, intending to be legally bound, hereby consign, waive, and release any and all rights and claims for damages which may occur against the McGuire Aquatics, Shamrock Aquatics Inc., Boylan High School or their representatives, employees, or successors, for any or all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

Signature: \_\_\_\_\_

(Coach's Signature)

Date: \_\_\_\_\_